

ADVOCACY IN ACTION:

LETTER WRITING DAY RECAP

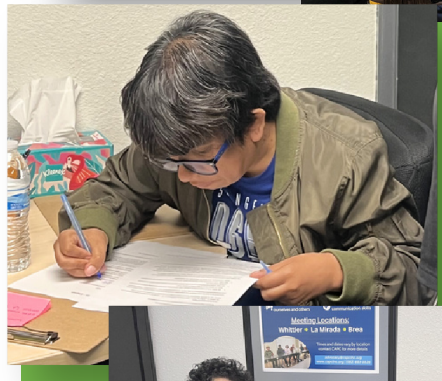
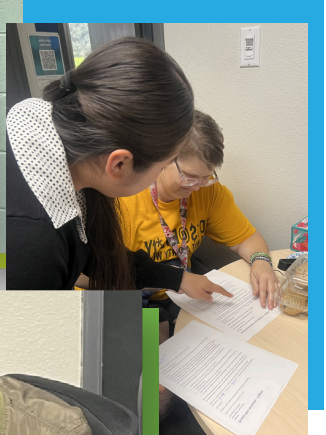
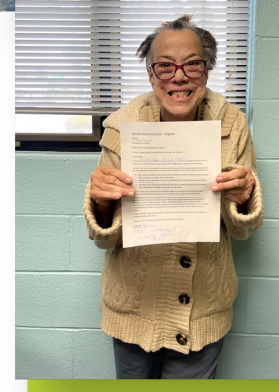
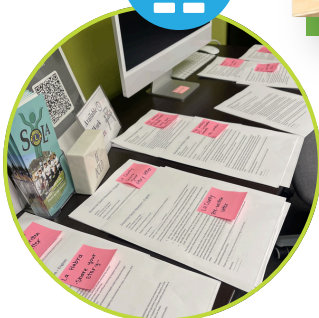
On April 21, 2026, CAPC hosted Advocacy Letter Writing Day, bringing together individuals, staff, and families to make their voices heard and advocate for protection over disability rights asking for support on important California bills that support individuals with intellectual and developmental disabilities.

Throughout the afternoon, participants had the opportunity to write personalized letter, share their experiences, and advocate for policies that promote inclusion, independence, and equal opportunities for people with disabilities.

Letters were written and signed to local and state legislators such as Governor Gavin Newsom, Senator Bob Archuleta, Assemblymember Lisa Calderon, and other representatives across communities such as La Habra, Pico Rivera, and Santa Fe Springs, advocating for protection of community based-services. Thank you to those who showed up for their community to make a lasting impact through advocacy.

ACCESS THE ADVOCACY TOOLKIT

The Advocacy Toolkit is a tool prepared by us at CAPC, Inc. to help individuals voice concerns and their own stories to their local legislators. This is crucial because to get legislators to understand the importance of standing for disability rights, testimonies from their own constituents help in understanding the power of being a champion for disability rights.



Pictured above are various photos of CAPC Individuals and Karen, Advocacy & Community Engagement Associate, supporting them throughout the letter writing process, explaining



CAPC'S OFFICE WILL BE CLOSED ON MONDAY, MAY 25



In observance of Memorial Day, our office will be closed on Monday, May 25. Our offices will reopen the next day at 8 AM. Services will still be provided.



THANK YOU TO OUR ADVOCACY DAY SUPPORTERS

Your support helped bring CAPC advocates to Sacramento for Advocacy Day on May 19, where they joined others across the state to advocate for inclusion and disability rights for all. Thank you for helping empower voices within our community!

Community Champion Empower Sponsor

Richard Barrantes

Robin Preston

Paul Kim

Advocate Circle

Gloria Lopez

Harry Kim

General Donation

Rebecca Ditter

on behalf of the Ditter Family



The People's Pantry

Essential Care for Essential Needs

The People's Pantry is now available in CAPC's Resource Center!

The pantry offers confidential grocery assistance for individuals within the CAPC community who may need support between grocery trips.



Located at: CAPC's Whittier Office



Open during: regular business hours

Questions?

Call the front office at (562) 693-8826

In Partnership with:



Superior Management and Realty Services Inc.

BUILDING CONFIDENCE THROUGH LEARNING: MEET PRISCILLA



Meet Priscilla, who enjoys exploring new opportunities to learn, grow, and express her creativity through everyday experiences. Currently attending an adult school in Pico Rivera, she has been developing computer and workplace skills through hands-on activities such as keyboarding, creating flyers, and learning how to build PowerPoint presentations. Priscilla shares, "I'm there to focus on my skills, and my staff guides me and let's me do things first, then helps me if I make a mistake."

In addition to building new skills, Priscilla recently had the opportunity to showcase her artwork in an art show featuring her paintings - highlighting both her creativity and growing confidence. From the classroom to the art show, Priscilla continues to inspire others through her creativity, confidence, and willingness to try new things.

Pictured above is CAPC Consumer, Priscilla, along with her paintings showcased in the artshow.

EXPLORING POSSIBILITIES ON ADAPTIVE TECH & DIGITAL SKILLS DAY

On April 29, 2026, CAPC presented Adaptive Tech & Digital Skills providing individuals with the opportunity to explore assistive technology and build confidence using digital tools that support greater independence in everyday life. Participants practiced digital skills such as learning computer shortcuts and explored adaptive tools including noise-canceling headsets, the Guided Hands device, and Ray-Ban Meta AI Glasses, empowering individuals through accessible learning.




Pictured above is CAPC Consumer, Elisabeth, using the Guided Hands Assistive device on a worksheet.



Guided Hands Assistive Devices

Adaptive tool designed to help individuals

- Write
- Paint
- Draw
- Access technology through touch-screen devices



Ray-Ban Meta AI Glasses

Provides hands-free support to enhance independence

“Hey Meta..”

- Navigation aid
- Daily Task Management
- Social Interaction Assistance




Mac Computer with Noise Canceling Headsets

Fill out applications online



- Employment applications
- Access transportation
- HUD packets
- Online Workshops
- Educational Use

 **Want to explore adaptive technology or build your digital skills?** CAPC Individuals are welcome to visit CAPC’s Individual Resource Center at our Whittier Office during services. Ask your Case Manager how you can get started!


INDIVIDUAL ADVISORY COMMITTEES NEXT MEETING: FRIDAY, JUNE 12

The **Individual Advisory Committee** brings together individuals who represent the voices of CAPC Consumers. Your voice helps shape services and decisions that impact the CAPC community. **Together, members will:**



- Meet every other month
- Share ideas & feedback
- Advocate for improvements
- Help shape programs & services across CAPC

INTERESTED IN GETTING MORE INVOLVED WITH CAPC? Scan the QR code to join the **Individual Advisory Committee** waitlist and learn about future opportunities to connect.





2026 CAPC EVENTS CALENDAR

Advocacy Day at State Capitol -
May 18-19, 2026

Founder's Luncheon -
June 3, 2026

Individual Advisory Committee -
June 26, 2026

CAPC Baseball Night -
July 21, 2026

CAPC Water Safety Day -
September 2, 2026



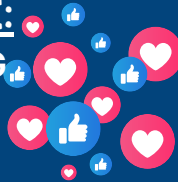
**Johnathan H.
Arthur V.
Jessica T.
Rita G.
Johnathan H.**

FOLLOW US ON SOCIAL MEDIA AND STAY UPDATED:

FACEBOOK: @CAPCINC
INSTAGRAM: @CAPCINC
X: @CAPCINC



OR VISIT OUR WEBSITE:
WWW.CAPCINC.ORG



ACCESSIBILITY TIPS OF THE MONTH

Since May is.....

Mental Health Awareness Month

Make Space Accessible for Mental Well-Being

- 1-3 Affirmations
- Keep them simple but personal
- Focus on your strengths, not weaknesses



DIGITAL ACCESSIBILITY

CAPC has **Ray-Ban Meta AI Glasses** available to use for individuals. Ray-Ban Meta smart glasses can act as a powerful assistive tool for individuals with intellectual disabilities, developmental disabilities, and neurodivergence by providing hands-free, AI-powered support that enhances independence and reduces cognitive load.

Contact the front desk about using the Ray-ban Meta AI Glasses at CAPC's Whittier Office and we will help you get started!



Access the informational page of the Ray-ban Meta AI Glasses and the different command you can use with it!

ICON DIRECTORY



Community
Resource



Events



CAPC Highlight



Community
Support