Shoot for the Stars
NEWSLETTER

CAPC, Inc.
NOV 2026

CAPC HITS THE JACKPOT AT HARRAH'S CASINO

55 Travelers, Big Wins, and an Unforgettable Adventure!

CAPC hit the road for an exciting adventure to Harrah's Resort Southern California!

With 55 attendees ready for a day of fun, friendship, and excitement, the trip was a winning experience from start to finish!

The fun began before we even arrived! Everyone enjoyed a lively game of bus bingo, complete with awesome prizes. There were plenty of laughs, friendly competition, and excitement as everyone hoped to call out "BINGO!"

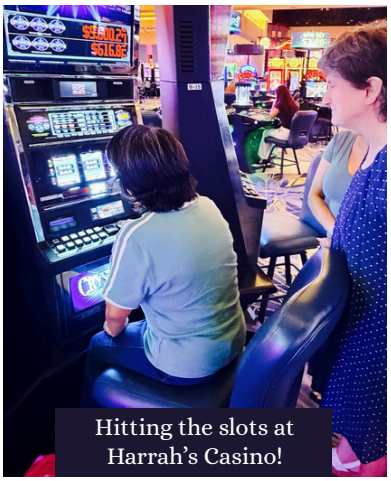
Once at Harrah's, the group enjoyed exploring the resort, trying their luck at the slot machines, sharing meals, and spending quality time with friends.

One of the biggest highlights of the day? Paul Kim hit a lucky streak and won a few hundred dollars playing the slots! Talk about hitting the jackpot!

But the real win was bringing 55 people together for a day filled with new experiences, independence, and lasting memories.

At CAPC, we believe adventures like these are an important part of living life to the fullest. From making choices to building friendships and exploring our community, every outing is an opportunity to have fun and create meaningful connections.

The biggest jackpot wasn't found in a slot machine. It was the memories we made together!


Hitting the slots at Harrah's Casino!


Rosemary H. with her winnings!


Pictured left to right: Miriam, Rosemary, Valerie N, and Elizabeth R!


Adam entering his players card to start playing games!

WHERE SHOULD WE GO NEXT?

Have an idea for our next CAPC adventure? We'd love to hear it! Share your suggestions with Maricela, who helps make our group outings and activities possible. Your idea could inspire our next big adventure!

A SPOOKTACKULAR TIME WITH CAPC ARTIST, 'MOLLY'

Pumpkins, Creativity, & a Halloween Celebration with Friends!

This Halloween season, CAPC Artist and participant Mary, a.k.a "Molly" brought Halloween spirit and creativty to our community! Molly invited fellow CAPC participants to her home for a week of pumpkin carving and festive fun. With the support of her family, who generously opened their doors and provided carving supplies, Molly turned her idea into a memorable experience for everyone!

About 12 participants joined in the festivities, carving their own unique pumpkin designs, enjoying refreshments, and spending quality time with friends. Some even arrrived dressed in Halloween costumes adding to the spooky fun! As a longtime CAPC participant and talented artist, Molly is no stranger to sharing her creativity with others. A special thank-you to Molly and her family for opening their home and making this Halloween celebration possible!



From left to right: Hosting the event, Molly with Loretta & Patricia dressed as Minnie Mouse!



Sylvia is pictured removing the seeds of her pumpkin with her support staff.



Celina (left) and Phillip (right) posing with their carved pumpkins!





Lois & Elizabeth R. pictured posing with their pumpkin carving!





Original Artwork by 'Molly'

CAPC OFFICES CLOSED FOR THE THANKSGIVING HOLIDAY

CAPC Offices will be closed on **Thursday, November 26** & **Friday, November 27**, in observance of the Thanksgiving Holiday.

Happy Thanksgiving



YOU'RE INVITED

Family Informational Meeting

FOR CAPC INDIVIDUALS, FAMILIES, AND CAREGIVERS

THURSDAY, NOVEMBER 19 | 5:30 PM - 7 PM
DOUBLETREE HOTEL - WHITTIER
7320 GREENLEAF AVE, WHITTIER, CA 90602

WHAT TO EXPECT

- Updates on CAPC services & programs
- Quarterly Highlights
- Advocacy Update

Scan the QR code or visit our website at capcinc.org/familyinfo to RSVP.

VALERIE CELEBRATES ONE YEAR WITH CAPC!



Valerie is pictured with he keyboarding certificate at Montebello Adult School!

This November, we're recognizing CAPC individual Valerie as she celebrates her first anniversary with CAPC! Over the past year, Valerie has embraced new opportunities, built friendships, and reach exciting personal milestones. From finding her forever home to exploring her creativity through Adaptive Art Classes I and II, Valerie has made the most of her journey!

She also enrolled in a keyboarding class at Montebello Adult School, where she proudly earned a certificate! Most recently, Valerie joined the PIH Volunteer Program, taking another exciting step toward new experiences and community involvement. Her case manager Maricela shared, *"I am incredibly proud of her dedication, growth, and willingness to try new things."* When asked about her first year with CAPC, Valerie shared, *"CAPC has been wonderful to me, I've made a lot of friends and have tried plenty new things"* Valerie's journey is a wonderful reminder of the importance of pursuing goals, embracing new experiences, and celebrating every accomplishment along the way. Congratulations on one year, Valerie!

CAPC'S DAY OF FUN AT GOLF N STUFF

Over 40 CAPC individuals and staff came together for an exciting day at Golf N' Stuff on Thursday, November 5! Despite the warm weather, spirits were high as participants explored the miniature golf course, challenged each other in arcade games, and enjoyed thrilling rides alongside friends.
For many, the miniature golf course gave participants to practice patience, coordination, and problem-solving as they navigated each hole and worked their way through the course. After the golf course, participants visited the aracade testing their skills and headed to the rides after lunch to enjoy thrilling rounds of fun!



Elisabeth S. pictured before she strikes her golf ball!



Pictured from left to right: Miriam, Jessica, Gabe, & Johnathan



Amaya posing after she scored 40 tickets!



Jeff is pictured on the golf course!

DISNEYLAND DAY!

JOIN US THURSDAY MARCH 4, 2027



RSVP with payment by Monday, December 28 at 4 PM

RSVP at www.capcinc.org/disneyday or Scan the QR Code:

For questions, please contact takahashil@capcinc.org

2026 CAPC EVENTS CALENDAR

Family informational Meeting -
November 19, 2026

Community Harvest Day -
November 20, 2026

Thanksgiving Day
CAPC OFFICES CLOSED
November 26, 2026

Day After Thanksgiving
OFFICES CLOSED -
November 27, 2026

Individual Holiday Party -
December 10, 2026

FOLLOW US ON SOCIAL MEDIA AND STAY UPDATED:

FACEBOOK: @CAPCINC
INSTAGRAM: @CAPCINC
TIKTOK: @CAPC.INC

OR VISIT OUR WEBSITE:
WWW.CAPCINC.ORG

ICON DIRECTORY

Community Resource

Events

CAPC Highlight

Community Support

ACCESSIBILITY TIP OF THE MONTH

Making Everyday Life Easier at Home

Sometimes, the smallest tools can make the biggest difference! This month, we're highlighting simple, innovative ways to make everyday activities at home more accessible. From automatic can openers that make meal preparation easier to backlit tracing tools that support creativity, adaptive tools can help individuals build confidence, strengthen independence, and enjoy the activities they love.

Accessibility doesn't always require big changes. Sometimes, it's about finding the right tool to make everyday moments more empowering.

- CAPC has an electrical can opener, is a motorized kitchen appliance that automatically pierces and cuts open metal cans with little to no manual effort.
- CAPC also has a tracing board and some of the common uses of the tracing board are art and drawing, crafts and quilting, and preserving original work
- CAPC has 2 Guided Hands®, an assistive device designed to help those with limited hand mobility write, draw, paint, and access touch-screen devices.







Jar Opener

If you are interested in borrowing these items, contact your Case Manager to get started!



HAPPY BIRTHDAY

DAVID R
PERRY N
TOM M
VICTORIA R
BRITTANY M
FABIAN C
ARTHUR C
JONATHAN B
KATHLEEN T

NEWSLETTER CONTRIBUTIONS BY:
Elisabeth Silvio, CAPC Consumer