

## HARBOR OF HOPE: A NIGHT TO REMEMBER

CAPC had the honor of hosting its signature fall fundraiser, the Harbor of Hope: Evening of Empowerment, this past Friday at the beautiful Coyote Hills Golf Course in Fullerton.

Every year, this event is a chance to bring together community leaders, advocates, and change makers to celebrate and raise critical funds for the community we are dedicated in serving.

This year was a way to mark the end of summer, as the event was set against breezy coastal theme, with live Yacht Rock music, curated food and drinks, and most importantly, brought forth the inspiring stories from our community that highlights how essential it is to support and empower adults with developmental disabilities.

This year's event was full of fun and community spirit — from raffle prizes worth over \$500 from local businesses, to an exciting game of Sink or Swim hosted by CAPC Board Member Ross, and lively auction bids on baskets created by our staff. Highlights included **Credit Union of Southern California's** generous **\$5,000 donation** during Fund-A-Need, **Haskell & White's** photo op station, and our **CAPC families** contributed to our **Mission Wall**, helping build a lasting symbol of community and purpose. We'd like to extend our heartfelt thanks to everyone who made this night possible.



Pictured are CAPC Consumers, friends, and family posing at the photo op station sponsored by Haskell & White.

# THE GREAT SHAKE OUT IS OCT 16



With the Great Shake out happening this month, it is important to practice what to do during an emergency.



## IF YOU'RE INDOORS



- DROP to the ground
- COVER under a sturdy desk or table
- HOLD ON until the shaking stops while trying to protect your neck!



## IF YOU'RE IN A VEHICLE



- Safely pull over to a clear area.
- Stay away from overpasses, bridges, and power lines.
- Keep your seatbelt fastened and remain inside the vehicle.
- Wait until the shaking stops before driving again.

## IF YOU'RE OUTDOORS



- Move to an open area, away from buildings, trees, and power lines
- DROP to the ground and stay there until the shaking stops

Before an earthquake occurs, always have a safety plan. Creating an emergency kit is always helpful in case anything goes wrong: water, food, blankets, a flashlight, a first-aid kit, extra batteries, and copies of important documents.



# SAVE THE DATE FOR COMMUNITY HARVEST DAY 2025



It is that time of year again! We are happy to announce that we are hosting Community Harvest Day again this year! We highly encourage consumers and family members to show up and join us as we celebrate together for the coming holidays. This year's event will feature local giveaways, raffles, and some Thanksgiving shopping.

**SAVE THE DATE:**  
**NOVEMBER 20, 2025**  
**STARTING AT 9 AM**

**VONS MARKET**  
**15740 LA FORGE ST, WHITTIER, CA 90603**

## A LOOK AT LAST YEAR'S FUN:



Photos of CAPC consumers and staff pictured at the 2024 Community Harvest Day at Vons market in Whittier.



**NEXT INDIVIDUAL ADVISORY**  
**COMMITTEE MEETING:**

**FRIDAY, OCTOBER 16**  
**CAPC WHITTIER OFFICE**  
**STARTS AT 10 AM**

Reach out to your  
Case Manager if interested  
in joining!

**JOIN NOW**

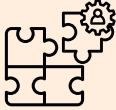


There is so much to celebrate in the month of October.



**BREAST CANCER AWARENESS**

**DOMESTIC VIOLENCE AWARENESS**



**NATIONAL DISABILITY  
EMPLOYMENT AWARENESS**



**PILIPINO-AMERICAN &  
ITALIAN AMERICAN HERITAGE**



**HALLOWEEN, FRIDAY, OCT 31**

**JOIN US FOR  
DISNEYLAND DAY  
ON JAN. 22, 2026**



Families and CAPC consumers are invited to join us for a day of fun and memories at Disneyland Park on January 22, 2026! To attend, please RSVP with payment of \$100 by Thursday, November 20 at 4 pm

**SCAN THE QR CODE  
FOR MORE INFO  
& TO RSVP  
WITH PAYMENT:**



## CAPC HIGHLIGHT

**Introducing  
Our Newest  
Member  
of the  
CAPC  
Community!**

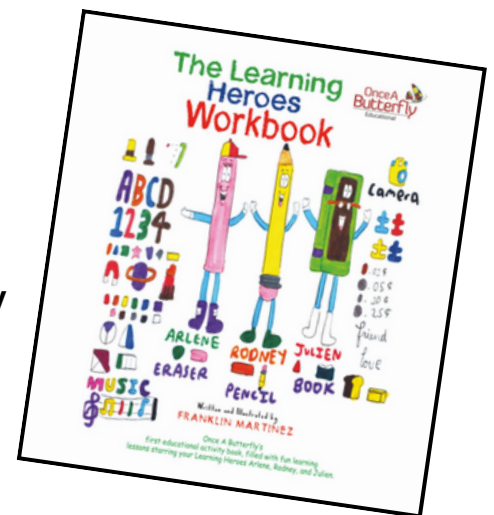


" My name is Franklin and I live with my parents, Rosette and Ken. I graduated from La Serna High School in 2012, where I enjoyed running on the cross country team, cooking club, and hanging out with a circle of friends.

Since High School, I enjoyed writing and illustrating children's books with my own company called Once A Butterfly. So far, I've written 22 family friendly books, and my latest one was the The Learning Heroes Workbook featuring three characters like Rodney the pencil, Julien the book, and Arlene the lovely eraser.

### WHAT ELSE DO YOU ENJOY?

My favorite foods are cheeseburgers, pizza, and Mexican food. I like watching Disney Movies, spending time with my friends, traveling, and going to movie locations. For CAPC, I will be looking forward to working with the staff to find a job! "



**CHECK OUT FRANKLIN'S  
BOOK COMPANY  
"ONCE A BUTTERFLY"  
ON AMAZON FOR MORE  
AMAZING BOOKS**



## 2025/2026 CAPC EVENTS CALENDAR

**Community Harvest Event-**  
November 20, 2025

**Last Day to RSVP For Disney Day -**  
November 20, 2025

**CAPC Holiday Party -**  
December 2025

**Disneyland Day -**  
January 22, 2026

**Abilities Expo -**  
March 27, 2026



**JASON G - 10/3**  
**ELISABETH S - 10/11**  
**PRISCILLA H - 10/12**  
**BRYAN B - 10/13**  
**DEANNA B - 10/16**

**AURORA C - 10/18**  
**EDWARD L - 10/22**  
**JEFF G - 10/23**  
**MATTHEW A - 10/23**

**FOLLOW US ON SOCIAL  
MEDIA AND STAY UPDATED:**

**FACEBOOK: @CAPCINC**  
**INSTAGRAM: @CAPCINC**  
**X: @CAPCINC**



**OR VISIT OUR WEBSITE:**  
**WWW.CAPCINC.ORG**



## ICON DIRECTORY



**Community  
Resource**



**Events**



**CAPC Highlight**



**Community  
Support**

## INDIVIDUAL RESOURCE CENTER IS AVAILABLE FOR USE!



- Assistive Hand Devices for Writing or Technology Use
- Laptops/Key Boards available
- Access to Applications (Access Services, Job Search, HUDD Housing)
- Private room for mock interviews and prep
- Work space with a desk



**CONTACT YOUR CASE MANAGER TO**



**SCHEDULE A VISIT!**