

OCTOBER IS NATIONAL DISABILITY EMPLOYMENT AWARENESS MONTH



This October, **CAPC** joins organizations across the country in recognizing **National Disability Awareness Month (NDEAM)**, a time to celebrate the contributions of workers with disabilities and raise awareness about the importance of meaningful employment opportunities. We recognize every person brings unique skills, talents, and perspectives to the workplace. This year's national theme, **"Celebrating Value and Talent,"** reminds us of the importance of creating workplaces where everyone's abilities are recognized.

Despite the valuable skills individuals with disabilities bring to the workforce, barriers to employment remain. In 2025, only 22.8% of people with disabilities were employed nationwide, highlighting the need for greater access to opportunities and workplace support. For the individuals who are employed, working is more than earning a paycheck. It's an opportunity to build confidence, develop skills, and gain further independence. CAPC's Supported Employment program helps individuals explore their interests, employment goals, and helps identify your next steps so they may contribute their talents to the community. This month, we celebrate individuals who are working toward their goals and encourage everyone to recognize the value of an inclusive workforce.



"Having this job means a lot to me. What I enjoy most is having conversations, learning new things, and getting to know my coworkers. The people I work with have also been really nice and supportive."

-Jakob, AllStar Cable Associate

"I look forward to going to work because gives me a sense of purpose. While I am working I feel comfortable & happy! It reassures me that I am capable & that I can be reliable! I enjoy making other people's day!"

-Paul, Seesaw Beans & Coffee Employee



Employment Resources

Explore your Interests!

Not sure what job you might enjoy?



Scan the QR code for CareerOneStop's Interest Assessment to explore jobs that match your interests!



Connect with our Employment Specialists

Interested in working or volunteering?
CAPC's Employment Specialist can help you:

- Explore your interests
- Discuss potential opportunities
- Identify your next steps

**Contact your
Case Manager
to learn more.**

Jazmyne,
Director of Employment



HARBOR OF HOPE: AN EVENING POWERED BY COMMUNITY



Case Manager, Maricela, and CAPC Consumer, Elisabeth capture a moment at the photo booth!



Guests bring the celebration to the dance floor!



Sharing smiles and moves on the dance floor!

On **October 2, 2026**, CAPC welcomed advocates, families, individuals, and community partners to Coyote Hills Golf Course for our annual Harbor of Hope fundraiser. Guided by this year's theme, "Anchored in Purpose, Powered by Community," the evening was a celebration of connection and a chance to raise essentials funds to support our programs and the people we serve.

Throughout the evening, guests enjoyed exciting activities, heartfelt moments, and opportunities to support CAPC's mission. One highlight was hearing Jakob share his employment journey, reminding us how community support helps create opportunities for individuals to build independence and pursue meaningful careers. From the excitement of our fundraising activities to the energy on the dance floor, the night was a celebration of what we can accomplish together.

Thank you to everyone who helped make Harbor of Hope a memorable evening!



CAPC Consumer Deanna seen participating in Sink or Swim!



CAPC Consumer Jakob shared his employment journey and what meaningful work means to him.



Guest explore the silent auction in support of CAPC's mission.

Relive the Memories!

From heartfelt stories to unforgettable moments on the dance floor, take a look at our post event galley page for highlights from the Harbor of Hope!



Thank you to our families, sponsors, volunteers, and community partners for making this evening possible!
Anchored in Purpose.  *Powered by Community.*

ROSEMARY BUILDING SKILLS AT MONTBELLO ADULT SCHOOL



CAPC Consumer Rosemary pictured proudly holding her keyboarding certificate.



Let's go Rosemary! She has recently completed a summer keyboarding course, earning a certificate and reaching a typing speed of 42 words per minute without looking at her keyboard.

Although she felt a little nervous at first, Rosemary did say the course became easier as she continued practicing. She also appreciate her instructor, describing her as kind, patient, and understanding throughout the class. Rosemary isn't stopping there!

This fall, she is continuing to build her computer skills through the Introduction to Google Workspace course, covering Gmail, Google Drive, Docs, Sheets, Slides, Calendar, and Google Meet.

Looking ahead, Rosemary hopes to return to Rio Hondo College and work toward a certificate in computer science. With each new class, she continues to build her skills, confidence, and experience as she works toward her future goals!



The People's Pantry

Essential Care for Essential Needs

 **Located at:**
CAPC's Whittier Office
 **Open during:**
regular business hours

PANTRY ITEMS



PERSONAL CARE



HOUSEHOLD ESSENTIALS



The People's Pantry is now available in CAPC's Resource Center!

The pantry offers confidential grocery assistance for individuals within the CAPC community who may need support between grocery trips.

Questions?

Call the front office at (562) 693-8826

In Partnership with:

STATER BROS.
markets

 Superior Management
and Realty Services Inc.

JOIN US FOR COMMUNITY HARVEST DAY 2026



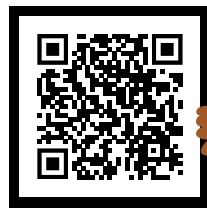
Picture taken at Community Harvest Day 2025

The season of giving is right around the corner! Join CAPC on Friday, November 20, 2026, as we celebrate Community Harvest Day at Vons Market Whittier! Featuring Thanksgiving shopping and local giveaways, join us for an opportunity to shop for groceries and essentials ahead of Thanksgiving.

STARTING AT 10 AM
VONS MARKET
15740 LA FORGE ST, WHITTIER, CA 90603



SCAN THE QR CODE
TO RSVP OR VISIT
CAPCINC.ORG/HARVESTDAY



2026 CAPC EVENTS CALENDAR

Family informational Meeting -
November 12, 2026

Community Harvest Day -
November 20, 2026

Thanksgiving Day
CAPC OFFICES CLOSED
November 26, 2026

Day After Thanksgiving
OFFICES CLOSED -
November 27, 2026

Individual Holiday Party -
December 10, 2026

FOLLOW US ON SOCIAL MEDIA AND STAY UPDATED:

FACEBOOK: @CAPCINC

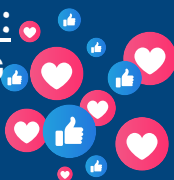
INSTAGRAM: @CAPCINC

TIKTOK: @CAPC.INC



OR VISIT OUR WEBSITE:

WWW.CAPCINC.ORG



ICON DIRECTORY



**Community
Resource**



Events



CAPC Highlight



**Community
Support**

HAPPY BIRTHDAY

Aurora C.

Bryan B.

Deanna B.

Edward L.

Elisabeth S.

Jason G.

Jeff G.

Matthew A.

ACCESSIBILITY TIP OF THE MONTH

USE YOUR VOICE TO TYPE MESSAGES & REQUESTS

Did you know your phone can turn your spoken words into text? This feature can support people who find typing difficult, tiring, or time-consuming. Remember to pause and review the text before sending—phones may occasionally misunderstand a word.

For iPhone Users:

1. Open the Setting app on your iPhone, and go to **General**
2. In General, select **Keyboard**
3. Turn on the switch next to **Enable Dictation**

For Android Users:

1. Open the Setting app on your Android phone
2. Search for **Voice Typing** or **Voice Input** and turn it on
3. Ensure microphone permissions are allowed for your keyboard under Apps > Gboard/Samsung Keyboard > Permissions > Microphone.

Final Step for both:

4. When you have your keyboard open, a small microphone will appear – click on it to speak the message you want to send

