

Shoot for the Stars

NEWSLETTER



Exploring New Possibilities at

Abilities EXPO 2025



Consumers and staff arriving at the Expo!

Our consumer Paul engaging in rock climbing.



Consumers and staff of **CAPC, Inc.** had the pleasure of visiting the **Abilities Expo** at the *Los Angeles Convention Center*. This annual event brings together individuals with disabilities, their families, and professionals to explore a wide array of resources aimed at enhancing independence and quality of life.

During our visit, we engaged with numerous vendors showcasing innovative products and services tailored to diverse needs. From assistive technology to adaptive sports equipment, the expo had plenty of the latest advancements to explore.

Our team traveled by van and taking the *Metro Los Angeles* train, making it a valuable opportunity to practice street safety and navigating public transportation. This valuable experience reminds us of our mission to fostering independence and inclusion to all.

We hope you join us at next year's **Abilities Expo Trip!**

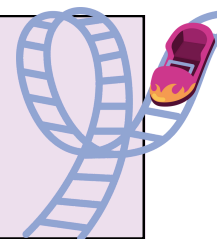
Our consumer Elisabeth shown receiving information at a booth.



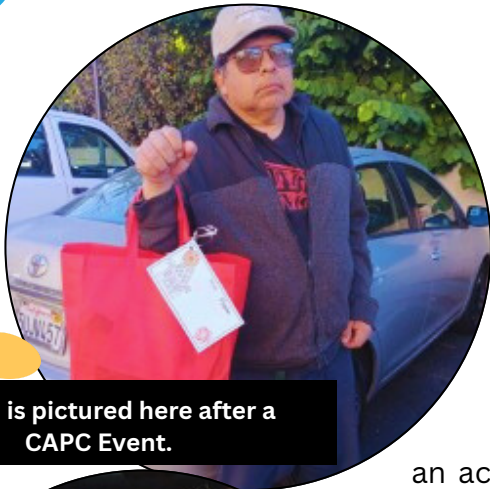
UPCOMING EVENTS

Knott's Berry Farm Trip

Ticket and RSVP
information
coming soon!



CAPC HIGHLIGHT



Fabian is pictured here after a CAPC Event.

"CAPC has helped me grow by giving me the support and guidance I need to be more independent. CAPC also helps me with my daily routine making sure to stay on track and learning how to manage my responsibilities. One goal I would like to work on is to volunteer to be out in the community more and connecting with others. As for hobbies I enjoy visiting the Queen Mary to learn the history."

-Fabian C., Consumer



Johanna is pictured to the left with her Case Manager, Luzy.

"Working with Fabian has been rewarding as he continues to practice advocating for himself, including learning to say no and understanding that it's okay to do so. Fabian is not only funny, caring, and brave, but also incredibly productive. He attends school during the week, works at Golf N' Stuff, and is an active participant in the Special Olympics where he competes in Bocce Ball, Bowling, and Golf. On top of that he works out every day at the YMCA. His dedication and positive attitude make him a truly exceptional individual. Looking ahead to 2025, I hope CAPC, and the Individuals have more opportunities to come together as a group, as they truly enjoy spending time with one another. Currently, they only get together during CAPC events, and it would be wonderful to see them have more time to build friendships." -Johanna H., DSP

Special  Thank you
to our Community Members



SMALL BUSINESS DEVELOPMENT
CORPORATION OF ORANGE COUNTY

Small Business Development Corporation of Orange County focuses on the economic development of underserved communities in California and industries of greater need.



Our CEO, Board members, and Director pictured with Small Business Development of O.C.

We would like to extend our heartfelt gratitude to the Small Business Development Corporation of O.C for their generous contribution to our **Framework for Hope Initiative** program. Your support is helping us build sustainable, supportive housing that fosters independence and community inclusion. Thanks to your kindness, we are one step closer to funding affordable and sustainable housing for those who need it most. We are grateful for your generosity.

Welcome to the CAPC Family, Amaya!

Amaya joined CAPC back in September 2024. Over time, Amaya has worked on building connections with staff and making new friends along the way. Beyond socializing, with the support of staff Amaya has been working hard on her reading & math skills at an adult school. Her dedication and progress are truly inspiring.

"I like being a part of CAPC because I like hanging out with my friends like Chentel and Eric and staff helps me in school with my math class. Bowling is my favorite. I also like writing in school, and I like to say hi to my staff and hang out with them. While at CAPC, I am looking to volunteer at a food bank. Something about me is that I LOVE to dance!" -Amaya R., Consumer



Amaya is pictured to the left with her friend Chentel at CAPC's Holiday Party

COFFEE with the CEO



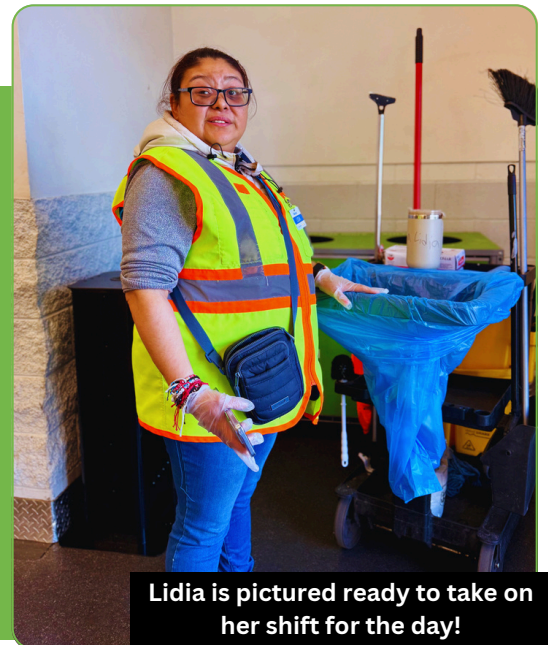
CEO Shauna sitting with fellow CAPC Consumers and family members.

Thank you for joining us!

It was a pleasure spending time with our consumers and their families discussing and sharing how to improve our community together. We're eager to hear and invite more of our families to the next event! Your input is important to us and we look forward to hearing from you at our next Coffee with the CEO.

Lidia's Growth in the Workplace by Associate Director, Jazmyne R.

"Lidia has been receiving employment services from CAPC for over 10 years. She currently works at Walmart Supercenter as a Maintenance Associate. CAPC has been able to assist Lidia with fulfilling her employment needs to become more independent in the workplace. Lidia started at Walmart with support staff with her through her entire shift. Overtime, she has been able to grow her independence in the workplace and slowly phase out support staff. Lidia is a dedicated worker and is always trying to achieve new employment goals."



Lidia is pictured ready to take on her shift for the day!



Interested in volunteer work or being employed?

Contact your Case Manager to meet with our Employment Specialists!

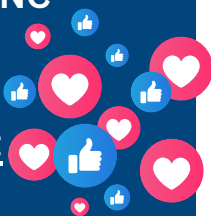
2025 CAPC EVENTS CALENDAR



Knotts Berry Farm - May 21, 2025
 Angel's Game - Spring 2025
 Founders Luncheon - June 4, 2025
 CAPC Open House - August 2025
 Great Wolf Lodge - September 2025
 Celebrity Waiter Dinner & Dance-
 October 4, 2025
 Golf N Stuff Halloween Day -
 October 2025
 Community Harvest Event-
 August 2025
 CAPC Holiday Party- December
 2025

FOLLOW US ON SOCIAL MEDIA AND STAY UPDATED:

FACEBOOK: @CAPCINC
 INSTAGRAM: @CAPCINC
 X: @CAPCINC



OR VISIT OUR WEBSITE:
WWW.CAPCINC.ORG

*If you see one of
these icons...*



Community
Resource



Events



CAPC Highlight



Community
Support



Kristy P.	Cindy S.	Corey B.
Adam Z.	Erick G.	Lois O.
Jason F.	Janet R.	Greg H.
Dan L.	Lindsay H.	

APPLYING TO JOBS? NEED A WORK STATION TO FILL OUT APPLICATIONS?

INDIVIDUAL RESOURCE CENTER IS AVAILABLE FOR USE!



FILL OUT
JOB APPLICATIONS



TRANSPORTATION

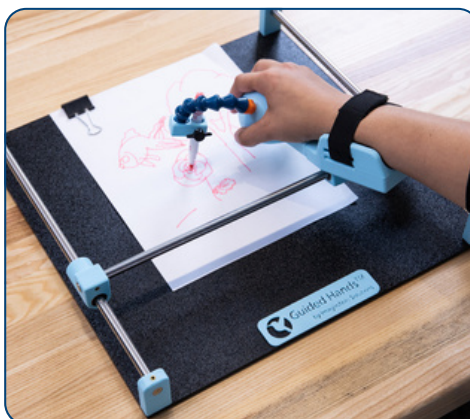


HUDD HOUSING
PACKETS



SUBMIT A SCHEDULE REQUEST TO RESERVE A DESK!

AVAILABLE FOR USE AT
CAPC RESOURCE CENTER ✓



Guided Hands ImaginAble Solutions

Assistive device that helps
anyone with limited hand
mobility to write, paint, draw
and access technology
through touch-screen
devices.

Contact your case manager to reserve a device!